

# **Christ Centred Living**

## Introduction

The Christian life is simple. It involves living our lives in fellowship with God. Yet it is often complicated and turned into a raft of rules and regulations. Throughout history there have been many who have walked with God and found favour with Him. Of these people there is such a huge range in personalities, ethnic backgrounds, work, and theological emphasis. Quite honestly I don't think it can be said that there is any one characteristic that all these folk share, except that they walked with God in faith. Our walk with Jesus Christ is our highest aim and our greatest priority. We must keep Him at the centre of all we do, and not be distracted by Christian 'stuff'.

In this study we explore my book Just Jesus this is a simple exhortation to keep Jesus always in our sight. It also seeks to explain how believers become defeated through pride, and move out from under the grace of God. The study guides provided will help you to explore the book more in depth. Following reading this book I have included a set of articles with various themes. Please take the time to fill in a reflection for each of these. In the final section some case studies are presented which will help you to think about how you might now help others in the light of what God may have been showing you during your study.

Enjoy your time exploring the themes laid out in this paper.

### How to complete the study:

- Answer the questions and complete the tasks.
- Summary: Summarize the chapters main ideas in your own words.
- Application: Say how you see this new truth applying to your life.

**Part I**  
Just Jesus Study Guide

Chapter One: God's Way

1. Can you think of a time when you have held onto to someone else's formula?
  
  
  
  
  
  
  
  
  
  
2. If so, what attracted you to this formula so much?
  
  
  
  
  
  
  
  
  
  
3. Thinking through the Gospels. Can you remember a time when Jesus himself was the solution to a person's problem?
  
  
  
  
  
  
  
  
  
  
4. Have you ever felt lost as a Christian? If yes, describe this experience.

Chapter summary:

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Application:

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Chapter Two: Grace

1. Why do people need the grace of God?
2. How is grace described in this chapter?
3. In what areas of your life do you need the grace of God now?
4. Read Galatians 3:1-9. Why does Paul call them “foolish”?
5. Can you think of examples from your own life where you have been “foolish” as the Galatians were?

Chapter summary:

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Application:

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Chapter Three: Faith

1. List the things that you have tried to do to be a more 'faithful' Christian:
  
2. Abraham didn't "*consider himself*" because God was able. List some of the areas of your life where you feel you are not able:
  
3. Spend sometime thanking God that He is able to deal with all the areas of our lives where we are not able.
  
4. Make a list of times when you have *lost faith* and stopped trusting Him with your circumstances:

Chapter summary:

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Application:

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Chapter Five: God's Glory

1. Do you remember a time in the Bible when a person tried to take Glory for Himself? (finding more than one is fine)

Old Testament:

New Testament:

2. Do you ever get offended? If so, when and with whom?

3. Can you think of a time when you have done something "good" with a wrong motive?

4. Who have you judged recently?

5. What should you do if you judge another?

Chapter summary:

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Application:

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Chapter Five: Problems – Seeing All Things Work Together

1. Make a list of your current problems:

2. Give thanks to God that He is above all of these negatives and able to sustain you by His grace.

3. Can you think of a time when you were really worried about something and it turned out for good?

Chapter summary:

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Application:

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Chapter Six: Who is God?

1. Who were the authority figures in your life when you were growing up?
2. What were they like?
3. Do you see a link between these people and your feelings about God when you are feeling 'at a low point'?
4. If we have false feelings about who God is, what does this tell us about our feelings?

Chapter summary:

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Application:

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Chapter Seven: Who am I?

1. How do you react in relation to God when you sin? (Think carefully)

2. Take two Christians. One believes that he is righteous by what he does. The other believes he is righteous by who God has made him. How will this influence the way both these individuals react when falling into sin.

3. How did God view Jesus?

If Christ is your life, then what is true about Jesus is true about you!!!

Chapter summary:

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Application:

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Chapter Eight: Remaining Focused

1. Read Romans Chapter 7. Can you relate to any of the comments from Paul?

2. Read Romans Chapter 8. What do you notice that is different from the previous chapter?

Chapter summary:

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Application:

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